

About the author:

Mitchell R. Weisberg, M.D., M.P. or, Dr. Mitch, as he is affectionately known to his patients is a Board-Certified Internist in private practice in the Chicago area since 1990. He completed his medical training, including an additional year as Chief Medical Resident, at Rush Presbyterian St. Luke's Medical Center in Chicago, IL Interested in the mind-body connection since his high school gymnastics days, Dr. Weisberg completed his 110 hour CME (Continuing Medical Education) Certification Program as a Master Psychopharmacologist accredited by the University of California, San Diego. He has developed a strong niche in Primary Care Clinical Psychopharmacology, effectively treating a broad range of disorders from anxiety, depression, bipolar disorder, adult ADHD, chronic pain syndromes, addiction and eating disorders including obesity, binge eating disorder, bulimia and anorexia nervosa. He has developed advanced clinical programs in his practice called, **Medicalizing Mental Health** and **Medicalizing Overweight/Obesity**.

Previously, Dr. Weisberg served as a faculty member for Abbot Laboratories, the makers of the anti-obesity medication Meridia®. In 2003, he was appointed to Abbott's steering committee entitled "Fighting Clinical Inertia - Taking Action Against Obesity." In this capacity, he was one of only five U.S. physicians chosen to lead other primary care physicians in weekend tutorials on the latest standards and protocols for the comprehensive medical treatment of obesity in the primary care setting. Dr. Weisberg is a Primary Care Neuroscience Consultant for Eli Lilly and Company and has lectured nationwide to hundreds of primary care physicians on the important topics of recognition and treatment of depression, bipolar disorder and Adult Attention Deficit Hyperactivity Disorder in the primary care setting.

Dr. Weisberg lives with his wife and 3 daughters in Evanston, Illinois.